

FEBRUARY 2012

Red Mountain DAILY ACTIVITIES

6:00-7:30	Breakfast Social
7:30-8:30	Group Reminiscence
8:30-10:00	News of the Day Group Discussion Individual Craft Project
10:00-10:30	Modified Exercises
10:30-11:30	*Special Event
11:30-1:00	Lunch/Social Group Activity
1:00-2:00	*Special Event Casino Bingo Participant Preference
2:00-2:30	Modified Exercises
2:30-3:00	Snacks/Social
3:00-4:00	Group Games Reminiscence
4:00-5:30	Word Games Individual Project Spa Moments

***Special Event** also include activities selected by participants

Policy: Serrine Adult Day Care of Mesa, Inc. is an equal opportunity provider and employer

SPECIAL EVENTS – HIGHLIGHTS

February 2, 1:00 – 2:00 p.m.

What's with the Ground Hog?

February 6, 10:30 – 11:30 a.m.

Participant Council Meeting

February 10, 1:00 – 2:00 p.m.

Harmonica Band

February 14, 10:30 – 11:30 a.m.

Happy Valentine's Day
Health Talk, "Is Candy Good for You?"

By Rosemary Fuller, RN

February 16, 10:30 - 11:30 a.m.

Senior Song Birds

February 20

President's Day Celebration

February 27, 1:00 – 2:00 p.m.

Red Hat Society Meeting

Hispanic Support Group

Contact Sandra Estrada, 480-464-1061

"Just for Fun" Support Group

Contact Tina Coffman, 480-464-1061

We are open President's Day

FEBRUARY 2012

Town Center DAILY ACTIVITIES

7:00-8:30	Breakfast Social
8:30-10:00	News of the Day Group Discussion Table games
10:00-11:00	*Special Event
11:00-11:30	Modified Exercises
11:30-1:00	Lunch/Social Sing-A-Long Spanish Bingo
1:00-2:00	*Special Event Casino Bingo Individual Craft Projects
2:00-2:30	Modified Exercises
2:30-3:00	Snacks/Social
3:00-4:00	Group Games Reminiscence Participant Preference
4:00-5:30	Word Games Individual Project Spa Moments

*Special Event also include activities selected by participants

Policy: Sirrine Adult Day Care of Mesa, Inc. is an equal opportunity provider and employer

SPECIAL EVENTS – HIGHLIGHTS

February 2, 1:00 - 2:00 p.m.
What's with the Ground Hog?

February 6, 10:30 – 11:30 a.m.
Participant Council Meeting

February 8, 1:30 - 2:30 p.m.
Olivia Calderon La Voz De Diamante



February 10, 1:00 - 2:00 p.m.
Senior Song Birds

February 14, 10:30 – 11:15 a.m.
Happy Valentine's Day
Health Talk, "Is Candy Good for You?"
by Sandra Estrada, LPN

February 20
President's Day Celebration

February 24, 1:00 – 2:00 p.m.
Kitchen Band

February 27, 1:00 – 2:00 p.m.
Red Hat Society Meeting

Hispanic Support Group
Contact Sandra Estrada, 480-464-1061

"Just for Fun" Support Group
Contact Tina Coffman, 480-464-1061

We are open President's Day