

Participant Council Meetings

Participant's Council Meeting – RM

Date: May 4, 2010

Attendance: 19 participants and 3 staff members

Open: Purpose of meeting; to provide a safe and comfortable place. Participant rights were read.

New Participants: Fern H.

New Staff Members: Linda M. transferred from Town Center.

Food: All the participants said they like the food.

Activities/Entertainment:

Maria went over the activities for the month. It was suggested that we get better jokes. When it gets too hot to walk outside we will walk inside the building

Care: Comment of "this is the best place I have ever been". Other participants agreed that the care is excellent.

Complaints: None

Special Occasions: Cino De May, Memorial Day, and Mother's Day

Participant's Council Meeting – TC

Date: May 4, 2010

Attendance: 16 participants and Staff of Nancy, Odette, and Luz

Open: Purpose of meeting; to provide a safe and comfortable place. Participant rights were read.

New Participants: Robert W.

And Marian S.

New Staff Members:

Odette Capotosto

Food: They all enjoy the meals

Activities/Entertainment:

Staff went over the entertainers and high lights for the month.

Care: They feel we are very good at taking care of them.

Complaints: Absolutely not!

Special Occasions: Arbonne make-over. Some of the participants would like to go to AZ Mills Aquarium and the Phoenix Museum.

Close: Meeting closed by staff

Funding Sources

- Allstate Foundation
- Area Agency on Aging, Region One
- Arizona Department of Education
- Arizona Republic/12 News Season for Sharing
- ATK Corporation
- Bess Spiva Timmons Foundation
- Boeing
- Del E. Webb Foundation
- Leisure World Foundation
- Mahnah Club
- Max & Victoria Dreyfus Foundation
- Mesa United Way
- Private Fees and Donations
- SIRRINE Auxiliary
- SUNDT Foundation
- Valley of the Sun United Way



CONTRIBUTIONS/DONATIONS TO HELP US WITH FUTURE PROGRAMS ARE ALWAYS WELCOMED.

ALL PARTICIPANTS FUNDED BY SAIL ARE WELCOME TO MAKE CONTRIBUTIONS TOWARDS THEIR CARE

Core Values

We value individuality and diversity in each client and build upon each individual's strengths

We value the family unit and assist individuals and their caregivers to meet the challenges of maintaining independence.

We value providing quality care based upon need.

We believe in providing service to clients with respect and preserving their dignity regardless of their physical and mental capabilities.

We value professionalism, creativity and loyalty of all staff

We believe that all who are associated with SIRRINE should serve with integrity and compassion



Your Partner in Caregiving

WWW.SIRRINEADULTDAYCARE.ORG

Red Mountain

7550 E Adobe Road Mesa, AZ 85207 480-641-7644

Town Center

247 N Macdonald Mesa, AZ 85201 480-464-1061

June 2010



Have you seen them?

No? Well you must take the time to watch them when they pay us a friendly visit. Mama, papa, and three baby geese are SIRRINE's newest guest entertainers.

Now we need to give them a name. We will have a contest to name each of our new friends. The winners will receive a prize.

New Participants

Town Center

Carmen MacD.
Robert W.
Marian S.

Red Mountain

Annette W.
Margaret D.

June Birthdays

Town Center

6/9 Emma B.
6/12 Cliff H.
6/20 Robert W.

Red Mountain

6/2 Barbara H.
6/2 Robert S.
6/7 George M.
6/22 Jeff G.
6/26 Luella S.



Welcome



Volunteers

Volunteers Are Special; we say this over and over again. April 29th Serrine had a Volunteer Recognition luncheon and reception to thank and honor our volunteers. It was well attended. We had representative of different area of volunteerism. It was an event where Serrine's staff, auxiliary members, board members, family members, members from the Police Department and participants came along to join the entertainers. We were proud to have these representatives from all the areas of service. The room was decorated with a touch of spring. There were flowers of many colors which helped to enhance the theme for the event "Volunteers plant the seeds of kindness". A garden salad was prepared by the skillful cooks; Tina and Sonia. We also served a delicious vanilla cream cake which made the event even more delightful.

We presented certificates of recognition and a token appreciation in the form of a small flower arrangement made by the staff and participant to all the volunteers.

Shirl Leech delighted us with a skillful performance of nostalgic and perky songs.

Thank You, to all that participated in this event; organizers and guests.



We have added two new volunteers one is an art teacher who will share her skills with us. Who knows? We might create great artists. Art is a great therapy for our mind, soul and body. Mariah will be at Red Mountain center every Tuesday. Thank you, Mariah.

We also started a "spa day makeover" with Wendy. Our ladies at both centers looked beautiful. The makeover lifted their spirits and sense of pride. Wendy is a consultant for Arbonne Products. We will provide this service at both centers every other month. Thank you, Wendy.



Participant of the Month: Helen K.

Compassionate, always of service, and puts forth one hundred percent in all that she does. Not only are these just a few of her transparencies, most likely she will shed a new light on the ordinary, monotony of life by finding humor in the everyday things that people do. Experiencing a life of sorrow and hardships during childhood years, perhaps has shaped and molded a woman of true virtue and grace.

Helen was born on December 15, 1936 in Sokolow Podlaski, Poland to John and Catherine. She is the sixth of seven children, four brothers and two sisters. They were born and raised on the family farm which had belonged to her grandparents. They had a variety of animals and work to tend to on the farm in which they all learned responsibility and early work ethics. She remembers gathering blueberries from a nearby field, and one time chased by a snake.

Before the age of three, her mother Catherine died of illness just before the German invasion of Poland in 1939. Then in the early 1940's, soldiers invaded their home and attacked John severely injuring him which led to his untimely death. While the children were gathered around him, he had said his final good-byes with tears in his eyes and gave them all a blessing.

Helen's older sister Mary, age 15, took over the household. Helen matured, finished school, and began her career as a nurse in the maternity ward. One Christmas Day, the mid-wife with whom she worked with had gone home and left her alone, and she unexpectedly had to deliver a baby on her own for the first time.

Another fond memory is an evening at the dance hall with her close friend Martha. They had danced with two young gentlemen who were very fond of them. However, the feelings were not mutual, so she and her girlfriend tried to hide from them the rest of the night, while the two men had looked for them. Later they ran as fast as they could back home.

About the age of 19, she was adopted by her Aunt Agnes from Minneapolis. She completed her citizenship and was able to fly from Warsaw, Poland to Los Angeles where she began her new life. Aunt Agnes whom she called "mom" took her under her wing and showed her the beauty of many places in the U.S. such as Niagara Falls and Vancouver. She had also begun her first job, sewing curtains during the day, while taking English classes in the evening.

Helen met her husband, Casimir (Casey) K. at Our Lady of the Bright Mount Polish Catholic Church in Los Angeles, where they were married in September 1964. They settled in La Crescenta, CA and started a family. Helen stayed home to raise her three boys, Edward, Andrew and Thomas. As the children grew a little older, she worked in the restaurant business. Her husband built a special staircase just for her from the backyard that led right to her place of work. She also worked as a server at a local country club for several years and has really enjoyed helping and serving others.

Each of her sons is married and has become successful. God has also blessed her with four grandchildren, Justin, Ashley, Kylie and Ryan. She currently lives with her youngest son Tom, his wife Mariah and grandson Justin, in Gilbert. Her hobbies include gardening, knitting, and dining out. She attends Serrine Adult Day Care about four days a week and loves participating in all the activities especially the exercises.

Throughout her career, Helen received many special awards and much recognition for her outstanding service skills. Raising three sons is by far not an easy task, but with Helen, she made it seem like it was. She puts her heart and her soul into everything she does. Not only does she give her best, but she also knows how to make light of ordinary situations. Colossians 4:6, "Whatever you do, work at it with all your heart, as working for the Lord, not for men." Helen is a true example of this and is a blessing to many. *(Written by Mariah K.)*



~ June 2010 TC Activity Schedule~				
Mon	Tue	Wed	Thu	Fri
	1 10:30 Bingo Sports 1:00 Music Program- Gary Trexler	2 10:30 Scattergories 1:00 Bingo Table Games	3 10:30 Spanish Club Men's Club Spiritual Hour 1:00 Bingo Small Groups	4 10:30 Bowling 10:45 Council Meeting 1:00 Music Program- Gloria
7 10:30 Wii Game Price is Right 1:00 Bingo Table Games	8 10:30 Sports Drawing Class Spanish Club 1:00 Bingo Table Games	9 10:30 Show and Tell 10:45 Trivia 1:00 Bingo Sports	10 10:30 Spanish Club Men's Club Cards Games 1:00 Bingo Sports	11 10:30 Senior Songbirds 1:00 Bingo Fun Outdoors
14 10:30 Flag Day- Reading/Trivia/Games 1:00 Patriotic Music-Carole	15 10:30 Spanish Club Art Class Games 1:00- Bingo Darts Golf	16 10:30 Health Talk 1:00 Bingo Volley Ball	17 10:30 Spanish Club Men's Club Bowling 1:00 Bingo Table Games	18 10:30 Father's Day Reading and Games Lunch with Fire Dept. 1:00 Music Program-Steve
21 10:30 Wii Game Memories of Summers Games 1:00 Music Program- Shirl	22 10:30 Art Class Spanish Club Games 1:00 Bingo Sports	23 10:30 Fun Outdoors Table Games 1:00 Bingo Sports	24 10:30 Men's Club Spanish Club Spiritual Hour 1:00 Bingo Table Games	25 10:30 Price is Right 1:00 Music/Comedy-Monte
28 10:30 Bingo Drawing Class 1:00 Music Program-Ron 2:45-Red Hat Tea	29 10:30 Art Class Spanish Club Cards 1:00 Bingo Cards	30 10:30 Bingo Bowling 1:00 Ice Cream Social Trivia/Games		

Activities offered on a daily basis
7:00-8:00-Chit Chat-Coffee Social
8:00-9:00-Crafts-Games
9:00-9:30-The News-English
10:00-Exercise

12:30-Spanish Bingo-Singing
2:00-Exercise
3:00-Sports-Cross Word Puzzles-Table Games
4:00-Tea Party-Social Hour-Trivia

~ June 2010 RM Activity Schedule ~				
Mon	Tue	Wed	Thu	Fri
	1 10:30 Art Class-Mariah Crafts 1:00 Bingo	2 10:30 Scattergories 1:00 Bingo Volley Ball	3 10:30 Men's Club Spiritual Hour 1:00 Bingo Sports	4 10:30 Bowling 10:45 -Council Meeting 1:00 Bingo Fun Outdoors
7 10:30 Scattergories 1:00 Bingo Sports	8 10:30 Art Class-Mariah Crafts 1:00 Music Program-Gloria	9 10:30 Health Talk 1:00 Price is Right	10 10:30 Men's Club Spiritual Hour Games 1:00 Bingo Sports	11 10:30 Fun in the garden Bingo 1:00 Music Program-Shirl
14 10:30 Flag Day Memories with Carole 1:00 Bingo Table Games	15 10:30 Art Class-Mariah Crafts 1:00 Bingo Scattergories	16 10:30 Tourament of Minds 1:00 Bingo Table Games	17 10:30 Senior Song Birds 1:00 Bingo Table Games	18 10:30 Father's Day Reading 11:30- Father's Day Lunch with the Fire Dept. 1:00 Music Program at TC with Steve
21 10:30 Memories of Summer Games 1:00 Bingo Sports	22 10:30 Art Class-Mariah Crafts 1:00 Show and Tell Trivia	23 10:30 Paper Capers Cross Word Puzzles 1:00 Bingo	24 10:30 Men's Club Spiritual Hour 1:00 Bingo	25 10:30 Music/Comedy-Monte 1:00 Bingo Table Games
28 10:30 Small Groups Table Games 1:00 Fun Outdoors Bingo 2:45-Red Hat Tea	29 10:30 Art Class-Mariah Crafts 1:00 Music Program- Gary Trexler	30 10:30 Bingo Fun Outdoors 1:00 Music Program-Ron		

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2:00-Exercise
3:00-Sports-Cross Word Puzzles-Table Games
4:00-Tea Party-Social Hour-Trivia

~ June 2010 MENU ~

Mon	Tue	Wed	Thu	Fri
	1 Herb Roasted Chicken Breast Italian Mixed Veggies. Garden Salad Whole Wheat Roll Fruit Cocktail Milk	2 Pork Chopette Mashed Potatoes Succotash Whole Wheat Roll Peach Crisp Milk	3 Open Faced Oven Roasted Turkey Sand. Sweet Potato Mash Green Beans Whole Wheat Bread Apple Sauce Milk	4 Sloppy Joe Baked Beans Peas & Carrots Whole Wheat Bun Fresh Oranges Milk
7 BBQ Ribette Sandwich Ranch Style Beans California Vegetables Fresh Fruit Milk	8 Baked Rigatoni with Meat Sauce Island Blended Veggies. Spinach Whole Wheat Roll Sliced Pears Milk	9 Home Style Meatloaf Mashed Potatoes Sliced Carrots Whole Wheat Roll Apple Oatmeal Crisp Milk	10 Chicken Salad Plate Three Bean Salad Potato Salad Whole Wheat Roll Tropical Fruit Salad Milk	11 Baked Tilapia Filet Vegetable Rice Pilaf Oriental Blend Veggies. Whole Wheat Roll Fresh Fruit Milk
14 Swedish Meatballs Mashed Potatoes Broccoli Whole Wheat Roll Peach Halves Milk	15 Fish Sandwich Capri Blended Veggies. Steak Fries Whole Wheat Bun Fresh Fruit Milk	16 Hamburger Deluxe Ranch Style Beans California Blended Veggies. Whole Wheat Roll Cherry Trifle Milk	17 Chicken Parmesan Italian Vegetables Spinach Whole Wheat Roll Pineapple Tidbits Milk	18 Roast Beef & Gravy Mashed Potatoes Monte Carlo Vegetables Whole Wheat Roll Apple Pie Milk
21 Meatball Sub Sandwich Capri Blended Veggies. Broccoli Whole Wheat Hoagie Roll Fresh Orange Milk	22 Lemon Pepper Chicken California Mixed Veggies. Garden Salad Whole Wheat Roll Apple Sauce Milk	23 Spinach & Mushroom Quiche Sliced Carrots Brussels Sprouts Whole Wheat Roll Apricots Milk	24 Baked Ham with Cherry Sauce Sweet Potatoes Cauliflower Whole Wheat Roll Ice Cream Cup Milk	25 Crab Cake Oriental Mixed Veggies. Peas & Pimento Whole Wheat Roll Fresh Apples Milk
28 Chicken Kiev Vegetable & Wild Rice Pilaf Island Blended Veggies. Whole Wheat Roll Birthday Cake Milk	29 Roast Pork Loin Scalloped Potatoes Garden Salad Whole Wheat Roll Fresh Fruit Milk	30 Salisbury Steak & Gravy Mashed Potatoes Baby Carrots Whole Wheat Roll Cherry Oatmeal Cobbler Milk		

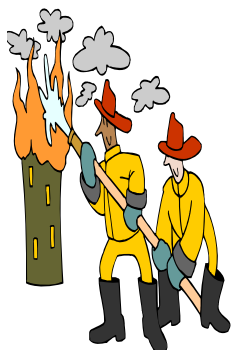
Please notify us by Thursday prior to the week you are changing your schedule so we have the proper number of meals ordered.

On May 5, we had to say good bye to our volunteer/intern **David Hernandez**, a great volunteer who bonded well with staff and participants from day one. We know for certain that any career David will pursue he will be a great professional. Good luck and best wishes for your future, success is there within the reach of your hands. Gratefully, your Sirrine friends.
David wrote the following article to Sirrine.

While doing my internship at Sirrine Adult Day Health Services, I have grown from a student into a professional. Sirrine Adult Day Care has influenced my decision to continue my education in healthcare innovation after I graduate from Arizona State University. The leadership, motivational and other communication traits expressed by staff is flawless. The amount of respect, passion, and care I witnessed during my time at Sirrine is without a doubt nothing less than excellent. Every staff from the executive director down to the caregivers has expressed quality, effective, and efficient patient care and safety. Experiencing Sirrine Adult Day Health Services has inspired me to pursue a career in healthcare, so I can one day be part of the solution to a better health system. Thank you for all the memories. I will cherish them forever.
David R. H. Arizona State University Student 2010



Sirrine Board member, Fernando D. Valenzuela, Deputy Chief of Training and Special Operations, Mesa Fire Department is honored on the Latino Perspectives Magazine. Congratulations Fernando for such an honor. The following is an insert from the article. Years of Service: 30 years total. Three years as a firefighter; 17 years as firefighter and paramedic; six years as Captain; one year as Battalion Chief, and three years as Deputy Chief. Professional honors/personal triumphs: Founder and President of East Valley Hispanic Bomberos. Duties: Oversee Fire and Special Operations training for Mesa Fire Department. Who or what inspired you to pursue this career? My Uncle Joe Arriaga, he was a fire chief for Mesa Fire Department when I was growing up. Inherent dangers you face: When I wake up in the morning and report to shift, I never know what type of call I will face that day. When I was first hired in the 80's, all we had to worry about was going to house fires and accidents. Now when we go out on a call, it could be chemical, biological, radiological, or explosive, Firefighters now have to be trained to handle any type of call, no matter what they might encounter.



2nd Annual Sirrine Motorcycle Run



Camp Caregiver

Camp Caregiver

It's Sunday morning and what a view I see. The lovely little meadow surrounded by the trees. The birds are being choir, chirping in the breeze. And this is best of nature, giving me a peace. The weekend goes so fast. There's Always so much fun but sitting here reflecting-God there's thanks for what you've done. Everyone is planning to be here in the fall. They leave with such fond memories amid the pines so tall.

Hispanic Support Group
June 28, 2010, 3:00 p.m.
At Town Center "Sharing Experiences"
Contact Sonia at: 480-464-1061 or 480-641-7644

Just For Fun Support Group
June meeting to be announced