

## Participant Council Meetings

### Red Mountain

**Date:** October 4, 2011  
**Attendance:** 8 participants and  
**Staff:** Linda and Maria  
**Open:** Purpose of meeting; to provide a safe and comfortable place. Participant rights were read.  
**New Participants:** None  
**New Staff Members:** None  
**Food:** No problems. Everyone likes the food. No complaints.  
**Activities/Entertainment:** Reviewed the October activity calendar.  
 Walk when weather permits.  
**Care:** Care is appreciated.  
**Complaints:** None  
**Special Occasions:** October birthdays were announced.  
**Close:** Meeting closed

### Town Center

**Date:** October 10, 2011  
**Attendance:** Staff: 16 participants and Staff: Luz & Pam  
**Open:** Purpose of meeting; to provide a safe and comfortable place. Participant rights were read.  
**New Participants:** Doris C, Eugene B And Eva S.  
**New Staff Members:** None  
**Food:** Excellent, Yummy!  
**Activities/Entertainment:** Staff went over October activities  
**Care:** Care is appreciated  
**Complaints:** None  
**Special Occasions:** Bird of Prey Show  
**Close:** Meeting closed

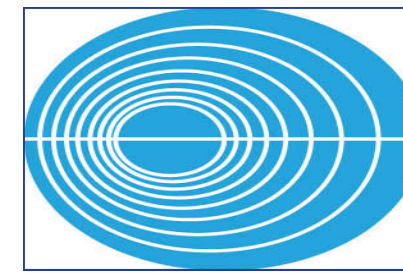
CONTRIBUTIONS/DONATIONS TO HELP US WITH FUTURE PROGRAMS ARE ALWAYS WELCOMED.

## Funding Sources

- Area Agency on Aging, Region One
- Arizona Department of Education
- Arizona Republic/12 News Season for Sharing
- Boeing
- City of Mesa Human Services
- Leisure World Foundation
- Mesa United Way
- Private Fees and Donations
- SIRRINE Auxiliary
- Valley of the Sun United Way



ALL PARTICIPANTS FUNDED BY SAIL AND FAMILY CAREGIVER ARE WELCOME TO MAKE CONTRIBUTIONS TOWARDS THEIR CARE.



# SIRRINE

## Adult Day Health Services

Renewal Unity Service

WWW.SIRRINEADULTDAYHEALTHSERVICES.ORG

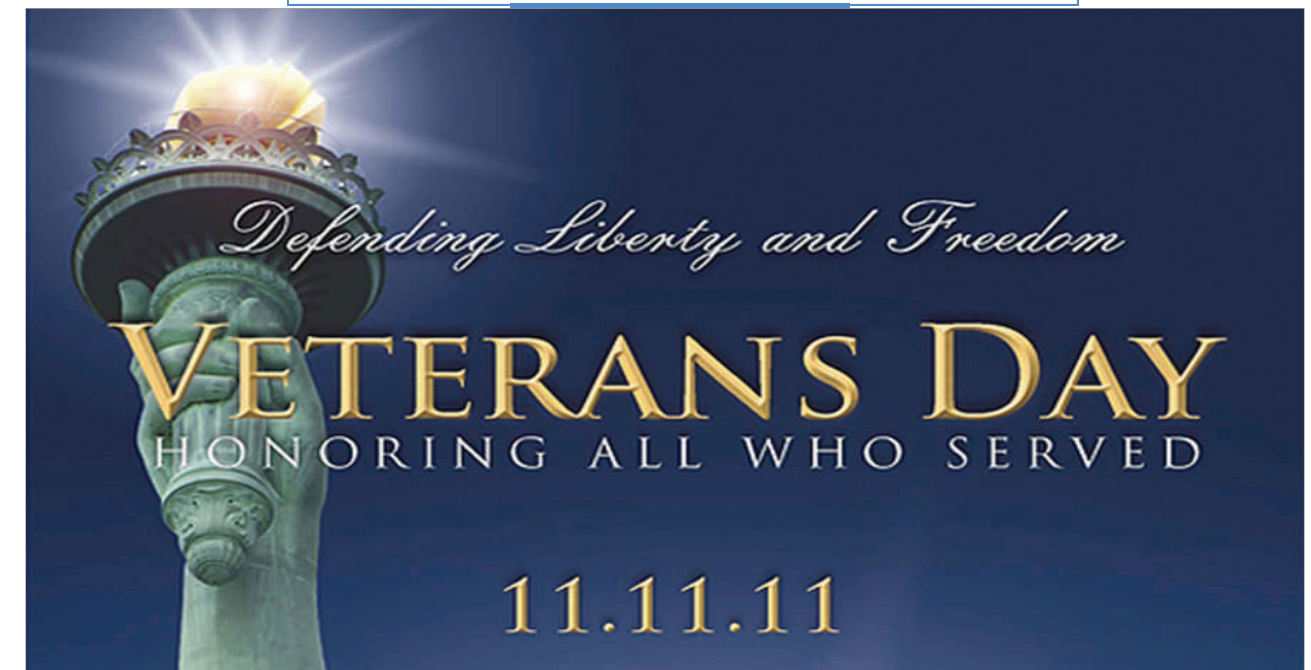
### Red Mountain

7550 E Adobe Road Mesa, AZ 85207 480-641-7644

### Town Center

247 N Macdonald Mesa, AZ 85201 480-464-1061

November 2011



We pay tribute to our participants and friends who have served:

### Air Force

George M.  
 Marian S.  
 James W.  
 Clifford H.  
 Marvin T.  
 Roger C.

### Army

Warren B.  
 Pasqual G.  
 James David H.  
 Robert K.  
 James M.  
 Greg M.  
 Bain N.

### Navy

Claude A.  
 Doris C.  
 William G.  
 Dennis L.  
 Vernon L.  
 Lawrence M.  
 Richard M.  
 Raymond R.  
 Lonnie D.  
 Richard G.  
 Victor C.

### Marines

Kenneth S.  
 Michael D.

### Waves

Claire R.

## New Participants

**Town Center**  
 Eugene B.

**Red Mountain**  
 Carmen A.  
 Dorothy E.  
 Margarita S.  
 Art D.



Welcome

## November Birthdays

**Town Center**  
 11/12 Rose W.  
 11/28 Mary A.

**Red Mountain**  
 11/13 Ginger P.  
 11/14 Bertella C.  
 11/17 Leonard S.  
 11/17 Sherry C.  
 11/19 Kenneth S.

**Staff**  
 11/9 Vic C.  
 11/29 Mike H.

Happy Birthday

## Core Values

**We value** individuality and diversity in each client and build upon each individual's strengths.

**We value** the family unit and assist individuals and their caregivers to meet the challenges of maintaining independence.

**We value** providing quality care based upon need.

**We believe** in providing service to clients with respect and preserving their dignity regardless of their physical and mental capabilities.

**We value** professionalism, creativity and loyalty of all staff.

**We believe** that all who are associated with SIRRINE should serve with integrity and compassion.

## Veterans Day 11.11.11

On Veterans Day our staff comes together to pay tribute to the men and women who have worn the uniform of the United States Armed Forces. Long after leaving their uniforms behind, they continued to serve our country as parents, public servants and community leaders. They have built and shaped our nation into one of the greatest democracies known to humankind.

Veterans Day was formerly known as Armistice Day and officially took place on November 11, 1918 to honor the end of World War I. In legislation that was passed in 1938, November 11 was dedicated to WWI veterans and to the cause of World peace.

In 1954, after having been through both World War II and the Korean War, the 83<sup>rd</sup> U.S. Congress amended the Act of 1938 by striking out the word “Armistice” and inserting the word “Veterans”. With the approval of this legislation in June of the same year, November 11<sup>th</sup> became the day to honor American veterans of all wars. This day is set aside to thank and honor living veterans who served in the military – in wartime or peacetime.

With respect for and in recognition of the contribution our participants and our friends have made to the cause of peace and freedom around the world, we at Serrine will honor our Veterans and their families in a ceremony at the Town Center facility at 12:30 p.m. Please join us on this special day.



Mesa Police Honor Guard under the leadership of Lt. Lee Rankin

## Powerful Tools for Caregivers

Are you care giving your spouse or relative? You can benefit from Powerful Tools for Caregivers.

**You will learn to:**

reduce stress,  
improve self-confidence,  
better communicate your feelings,  
balance your life,  
and increase your ability to make tough decisions.

**Location:** Leisure World-  
Rendezvous Café  
(use Southern entrance)

**Dates:** November 7, 14, 21, 28,  
December 5, 12

**Time:** 10:00 a.m. – 11:30 a.m.

**Cost:** \$30.00 (6 week course)

**Contact:** Tina at 480-464-1061  
to register for the class

## Caregivers

On November 30<sup>th</sup>, we are meeting at the Mesa Art Center to learn projects you could do at home with your participant.

We will have a tour, brown bag lunch, and new art projects that will be fun to do at home.

Meet at Town Center parking lot at 11:10 a.m. and we will carpool.

Contact Tina at 480-464-1061 if you are planning to attend.

## ~ November 2011 Menu ~

Mon	Tue	Wed	Thu	Fri
	<b>1</b> Salisbury Steak California Blend Veggies. Garden Salad Whole Wheat Roll Tropical Fruit Milk	<b>2</b> Pork Chopette Sweet Potatoes Green Beans Whole Wheat Roll Apple Sauce Milk	<b>3</b> Quiche Lorraine Roasted Tomato Brussel Sprouts Whole Wheat Roll Apricots Milk	<b>4</b> Baked Catfish Filet Broccoli Country Blend Veggies Whole Wheat Roll Pineapple Upside-down Cake Milk
<b>7</b> Chicken & Bowtie - Cacciatore Spinach Italian Blend Vegetables Whole Wheat Roll Sliced Pears Milk	<b>8</b> Baked Ham with Pineapple Raisin Sauce Candied Yams Garden Salad Whole Wheat Roll Fruit Milk	<b>9</b> Meat Loaf Mashed Potatoes Sliced Carrots Whole Wheat Roll Apple Oatmeal Cobbler Milk	<b>10</b> All Beef Hot Dog Baked Potato Wedges Four Way Blend Veggies. Whole Wheat Bun Chocolate Sundae Cup Milk	<b>11</b> Pizza Salad Ice Cream
<b>14</b> Swedish Meatballs Mashed Potatoes Four Way Veg. Blend Whole Wheat Roll Apricots Milk	<b>15</b> Southwestern Pork Stew Spanish Rice Rancho Fiesta Veggies. Flour Tortilla Fresh Banana Milk	<b>16</b> Ground Beef Chili Mac Italian Blend Vegetables Brussel Sprouts Whole Wheat Roll Tropical Fruit Salad Milk	<b>17</b> Chef's Salad Plate Pickled Beets Macaroni Salad Whole Wheat Roll Peach Cobbler Milk	<b>18</b> Baked Tilapia Scalloped Potatoes Capri Blend Vegetables Whole Wheat Roll Fruit Milk
<b>21</b> Chinese Style Pepper- Steak Vegetable Rice Pilaf Oriental Vegetables Whole Wheat Roll Sliced Pears Milk	<b>22</b> BBQ Chicken Breast Country Blend Veggies. Garden Salad Whole Wheat Roll Ambrosia Milk	<b>23</b> Roast Turkey/Dressing Mashed Potatoes Green Beans Dinner Roll Cranberry Sauce Milk	<b>24</b> Thanksgiving  CLOSED	<b>25</b> Thanksgiving  CLOSED
<b>28</b> Baked Ham Au Gratin Potatoes Monte Carlo Vegetables Whole Wheat Roll Birthday Cake Milk	<b>29</b> Penne Pasta with Meat Sauce Italian Blend Vegetables Garden Salad Whole Wheat Roll Pear Halves Milk	<b>30</b> Chicken Salad Sub Three Bean Salad Red Skin Potato Salad Petite Sub Roll Apple Oatmeal Crisp Milk		<b>5</b>

**Please notify us by Thursday prior to the week you are changing your schedule so we have the proper number of meals ordered**

**Policy: Serrine Adult Day Care of Mesa, Inc. is an equal opportunity provider and employer**