

Participant Council Meetings

Red Mountain

Date: August 5, 2011

Attendance: 9 participants and Staff: Linda and Maria

Open: Purpose of meeting; to provide a safe and comfortable place. Participant rights were read.

New Participants: Warren B. and Caroline H.

New Staff Members: None

Food: Not enough fresh fruit or puddings. Everyone likes food.

Activities/Entertainment:

Reviewed the August activity calendar.

Walking was discussed to do, but too hot now. We can do walks inside Senior Center.

Care: Very good care.

Complaints: None

Special Occasions: August birthdays were announced.

Close: Meeting closed

Town Center

Date: August 8, 2011

Attendance: Staff: Nancy, Luz, Pam and 16 participants

Open: Purpose of meeting; to provide a safe and comfortable place. Participant rights were read.

New Participants: Rose W.

New Staff Members: None

Food: All satisfied with food menu.

Activities/Entertainment:

Staff went over August activities

Care: Excellent caregiving

Complaints: None

Special Occasions: Virtual field trip to Brazil with Peter.

Close: Meeting closed

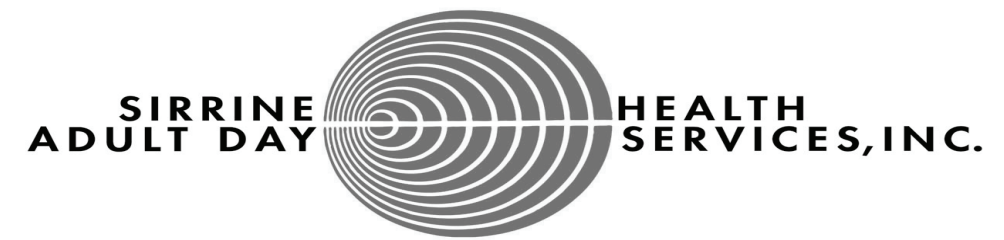
Funding Sources

- Area Agency on Aging, Region One
- Arizona Department of Education
- Arizona Republic/12 News Season for Sharing
- Boeing
- City of Mesa Human Services
- Leisure World Foundation
- Mesa United Way
- Private Fees and Donations
- SIRRINE Auxiliary
- Valley of the Sun United Way



ALL PARTICIPANTS FUNDED BY SAIL AND FAMILY CAREGIVER ARE WELCOME TO MAKE CONTRIBUTIONS TOWARDS THEIR CARE.

CONTRIBUTIONS/DONATIONS TO HELP US WITH FUTURE PROGRAMS ARE ALWAYS WELCOMED.



Renewal Unity Service

WWW.SIRRINEADULTDAYHEALTHSERVICES.ORG

Red Mountain

7550 E Adobe Road Mesa, AZ 85207 480-641-7644

Town Center

247 N Macdonald Mesa, AZ 85201 480-464-1061

September 2011

Camp Caregiver

Doesn't a fall trip to Show Low sound wonderful? You can feel the crispness in the air and see the color change as you travel to the White Mountains. SIRRINE is lucky to have access to a camp that we use twice a year for a caregiver retreat.

We will be going to Camp Caregiver September 16th – 18th.
Car pools leave from SIRRINE's downtown parking lot at 10:00 a.m. on the 16th.
The cost is affordable at only \$34.00.

The camp charges \$12.00 a night and \$10.00 goes toward food. Everything is brought up for you and entertainment is provided. It's a weekend of laughter, good food, relaxation and just plain old good fun. The group would love to see you join us. The more the merrier!

Call Tina at 480-464-1061 or 480-641-7644 to reserve your spot on this wonderful fall weekend.

New Participants

Town Center

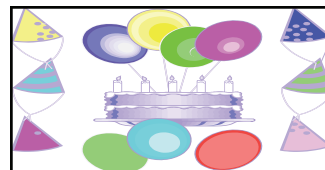
Rose W.
Vernon L.
William G.

Red Mountain

William G.



Welcome



September Birthdays

Town Center

9/1 Joe N.
9/16 Nelly L.
9/17 Dorothy I.
9/19 James M.

Red Mountain

9/19 Carmen McD
9/23 Julayne M.

Staff

9/24 Tina Coffman

Happy Birthday

Core Values

We value individuality and diversity in each client and build upon each individual's strengths.

We value the family unit and assist individuals and their caregivers to meet the challenges of maintaining independence.

We value providing quality care based upon need.

We believe in providing service to clients with respect and preserving their dignity regardless of their physical and mental capabilities.

We value professionalism, creativity and loyalty of all staff.

We believe that all who are associated with SIRRINE should serve with integrity and compassion.



A.J. Foyt Indy 500 Racer

SIRRINE participants were privileged to have the A.J. Foyt Indy 500 racer parked at the Town Center entrance. Marvin Teerink, an employee of the ABC Supply Company who sponsors the program provided us with a chance to sit in an Indy 500 racer, explained the complexities of the racer and gave us an overall great time. Much thanks to his wife Pam, an employee of SIRRINE, for arranging to get this special vehicle to SIRRINE.

Wandering From Home

(excerpted from an article by Kirk Johnson)

For generations, the typical search-and-response case in America was Timmy in the well with Lassie barking insistently to summon help. Lost children and adolescents - from the woods to the mall - generally outnumbered all other search and response calls. Last year, however, for the first time, another type of search crossed into first place: wandering confused dementia patients.

For example, Ms. M, 60, suffers from a form of dementia that attacks the brain like Alzheimer's disease and imposes on many of its victims a restless urge to head out the door. Their journeys shrouded in a fog of confusion and fragmented memory, are often dangerous and not infrequently fatal. About 6 in 10 dementia victims will wander at least once, health care statistics show, and the numbers are growing fueled by Alzheimer's disease.

Rising numbers of searches are now driving a need to retain emergency workers, police officers, and volunteers around the country who say they throw out just about every generally accepted idea when hunting for people who are, in many ways, lost from the inside out. "You have to stop thinking logically", because you're looking for someone who is no longer capable. If the disease has made them paranoid about authority figures they will try to avoid detection. (A search trick: try to figure what door the person exited from, then concentrate first in that direction. Don't bother calling out the person's name, which he or she has often forgotten.)

Searching for them often also means learning a patient's life story as well, including what sort of work they did, where they went to school and whether they fought in war. Because Alzheimer's disease, the leading cause of dementia, works backwards, destroying the most recent memories first, wanderers are often traveling in time as well as space. For example, a woman who was a retired librarian living in Mesa, was found heading towards Chicago to open the library there.

The all too human stories of exhausted family members caring for Alzheimer's sufferers must be taken in account as well, searchers say. The son or daughter or spouse who nodded off or was briefly inattentive, allowing a loved one to slip out, might feel guilty, and so understate, sometimes by many hours, how long the person has been gone - a crucial variable because time on the run in turn increases the potential size of the search area.

Advanced age, meanwhile, can compound health risks of exposure. "We've had them die in as little as seven hours because they just keep going and don't recognize they're getting dehydrated".

There are precautions that can be taken by caregivers: disguising doors, for one thing, covering them with posters that look like bookshelves and fitting patients with wristbands that can be tracked by police officers with radio devices.

In talking with the Mesa Police Department, the following is information that may help minimize the risk to your loved one when they wander off.

Call 911 as soon as possible.

Do not delay the search by trying to find your loved one on your own, especially during the summer months.

Officers will respond to the last known area where the person was seen. They will make use of all available resources including Air Unit (helicopters), K-9, bike units and other law enforcement details.

The first responding officer will generally request through the dispatcher that other agencies and hospitals be given the missing person's description and information.

The Missing Persons Unit of the police department will get involved when the initial search has yielded negative results.

The responding Missing Person Investigator will immediately contact family and ask permission for the media to be contacted and if they (family) want to speak directly with any of the media. Once permission has been granted a bulletin along with the missing person's photograph is given to the police department Public Information Officer, who is the direct contact for all media, for immediate distribution.

What the police department needs from you:

*Name of wanderer

*Recent photo

*Physical description (height, weight, hair color, eye color, special marks, impairments, clothing description)

*Places they may frequent or know from their past

*Places they have been located if they have wandered previously

*Mode of travel (on foot, bicycle, vehicle): if vehicle - please provide year, make/model, color, and last known direction

*If they have used city bus services or light rail

*Known fears (helicopters, police officers, dogs etc.)

~ September 2011 Menu ~				
Mon	Tue	Wed	Thu	Fri
			1 Chicken Salad Platter Tri Colored Bean Salad Red Skin Potato Salad Whole Wheat Roll Tropical Fruit Milk	2 All Beef Hot Dog Macaroni & Cheese Baked Beans Whole Wheat Bun Ice Cream Cup Milk
5 Labor Day Closed	6 Seafood & Pasta Alfredo Normandy Blend Veggies Spinach Whole Wheat Roll Fruit Milk	7 Polish Sausage & Sauerkraut Potato Wedges Peas & Carrots Whole Wheat - Hot Dog Bun Fruit Cocktail Milk	8 Chicken Parmesan Italian Blend Veggies. Broccoli Whole Wheat Roll Pineapple Tidbits Milk	9 Hamburger Deluxe Sweet Potato Fries Country Blend Veggies. Whole Wheat Bun Strawberry Shortcake Milk
12 Meatball Sub Capri Vegetable Blend Broccoli Whole Wheat Hoagie Fruit Milk	13 Baked Ham with Cranberry Glaze Sweet Potatoes Cauliflower Whole Wheat Roll Apple Sauce Milk	14 Tuna Salad Plate Three Bean Salad Macaroni Salad Whole Wheat Roll Tropical Fruit Milk	15 Scramble Egg Strata Home Fried Potatoes Biscuits/Sausage Gravy Apricots Milk	16 Crab Cake Oriental Vegetables Peas & Pimento Whole Wheat Roll Fruit Milk
19 Chicken and Bowtie- Primavera Italian Blend Vegetables Spinach Whole Wheat Roll Pineapple Tidbits Milk	20 Sweet & Sour Pork Vegetable Rice Pilaf Garden Salad Whole Wheat Roll Fruit Milk	21 Salisbury Steak Mashed Potatoes Sliced Carrots Whole Wheat Roll Fruited Jell-O Milk	22 Southern Fried- Chicken Fritter with Country Gravy Chuck Wagon Corn Collard Greens Whole Wheat Roll Fruit Milk	23 Sheppard Pie Mashed Potatoes Stewed Tomatoes Whole Wheat Roll Sliced Peaches Milk
26 Roast Turkey Mashed Potatoes Green Beans Whole Wheat Roll Birthday Cake Milk	27 Lemon Pepper - Chicken Breast Scandinavian Veggies. Garden Salad Whole Wheat Roll Tropical Fruit Milk	28 Chef Salad Plate Pickled Beets Carrot & Raisin Salad Whole Wheat Roll Fruit Milk	29 Lasagna Casserole With Meat Sauce Italian Vegetables Roasted Tomato Whole Wheat Roll Apricots Milk	30 Beet Stew Vegetable Rice Pilaf Broccoli Whole Wheat Roll Mandarin Orange Cake Milk

Please notify us by Thursday prior to the week you are changing your schedule so we have the proper number of meals ordered

Policy: Serrine Adult Day Care of Mesa, Inc. is an equal opportunity provider and employer